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Crisis Intervention / Hotlines

Will County Behavioral Health (Crisis Line).....815-727-8521

Crisis Text Line.....text HOME or HOLA to 741741

National Suicide & Crisis Lifeline.....Dial 988

Child Abuse Hotline (IL DCFS).....1-800-252-2873

Natl. Domestic Violence Hotline.....800-799-SAFE (7233) OR text START to 88788

IL Domestic Violence Helpline.....877-TO END DV (6338)

IL WarmLine (Mental Health / Addiction Recovery).....866-359-7953

SAMHSA Helpline (Mental Health / Addiction Recovery).....800-662-HELP (4357)

CARES Line (Youth Mental Health Support).....800-345-9049

Linden Oaks (Behavioral Health Hospital, Naperville) Help Line.....630-305-5027

Natl Sexual Assault Hotline..... 800-656-HOPE (4673)

Natl Human Trafficking Hotline.....888-373-7888 OR text HELP to 233733

Natl Runaway SafeLine.....800-RUNAWAY (786-2929)

Mental Health / Counseling

Name	Address / Location(s)	Contact Info.	Services
Finding Balance, Ltd	15419 W. 127th St, Lemont IL (60439)	630-777-7113	Individual, Couple, and Family Therapy Adolescent Therapy; Divorce Mediation Rapid Resolution Therapy (RRT) Specialities: ● Anger Management ● Anxiety; Depression ● Child & Adolescent Issues ● Co-Occurring Disorders ● Domestic Violence ● Family Stress ● Grief & Loss ● Life Transitions ● Moodiness ● Parenting ● Relationships ● Separation & Divorce ● Stress ● Substance Abuse
Waterfall Counseling, LLC	119 Stephen St, Lemont IL (60439)	630-257-5757	Adult Therapy ● Anger Management ● Anxiety; Depression ● Goal Setting ● Life Transitions ● Loss / Grief ● Relationship Issues ● Self-Esteem ● Stress Management ● Work & Career Stress ● Work / Life Balance Couples Therapy ● Blended Family Issues ● Communication Barriers ● Conflict Management ● Infidelity / Betrayal ● Parenting ● Premarital Counseling ● Separation / Divorce
Counseling Works	15900 W. 127th St, Lemont IL (60439)	630-556-7899	Youth, Couple, and Group Therapy (In-Person or Virtual) Anxiety, Burnout & Stress Management, Depression, Divorce, Eating Disorder, First Responder, Grief, Postpartum, PTSD & Trauma, Relationship, Substance Abuse, Wellness

Name	Address / Location(s)	Contact Info.	Services
Bright Futures Psychological Services	11520 183rd Pl Orland Park IL (60467)	(708) 315-2381	Youth, Adults, Couples, and Family ADHD, Anxiety, Chronic Pain, Co-Dependency, Depression, Divorce, Domestic Abuse / Violence, Eating Disorders, Evaluation & Testing, Family Conflict, Grief, Infertility, OCD, Parenting, Prenatal & Postpartum, Self-Harming, Sexual Abuse, Spirituality, Sports Performance, Weight Loss, Women's Issues
VR Behavioral Services	700 S. Ravinia Ave, Orland Park IL (60462)	800-867-0158	Individuals, Couples, Families, Groups Collaborative Divorce Mediation Counseling & Therapy • ADHD • Adoption / Blended Family • Anger / Behavior Issues • Anxiety / Depression • Bariatric and Weight Issues • Bipolar and Schizophrenia • Career Challenges • Domestic Violence • Family Conflicts • Mental Health Symptoms • Grief / Loss • Health Psychology Issues • Life Changes • Low Self-Esteem • Marital Therapy • Memory Issues • Neurobehavioral Issues • Pain Issues • Relationship Issues • Sexual Assault • Trauma • Troubled Teens General Mediation High-Conflict, Court Ordered • Custody Evaluations • High Conflict Co-Parents • Parent Estrangement • Parent Reunification • Psychological Assessments • Supervised Visitation • Therapy Military Mental Health Psychological Assessments & Testing

Name	Address / Location(s)	Contact Info.	c
Beyond Healing	Beyond Healing 14933 Founders Xing Homer Glen IL (60491) Beyond Play 14901 Founders Xing Homer Glen IL (60491)	708-737-7968	Individual, Couple, Family, and Group (All Ages) • Abuse & Trauma • Addiction • ADHD • Adjustment Disorder • Aging Concerns • Anxiety / Panic Attacks, Phobias • Career Counseling • Care-Giving Issues • Depression • Disability & Health Issues • Divorce Support • Eating or Mood Disorders • Family Issues • Grief • PTSD • School Issues • Self-Esteem; Social Skills • Sexual Abuse • Stress Management
Bridges To A New Day	6151 Weber Rd Crest Hill IL (60403)	815-838-2690	Youth, Adult, Couples, Families <u>Darlene's Counseling Program</u>: Reduced fee counseling for those who don't have adequate insurance coverage to address their mental health <u>Domestic Violence</u>: Counseling to victims of domestic violence and their children. This service focuses on empowering victims to achieve goals and overcome the trauma experienced
Metropolitan Family Services	10537 S. Roberts Rd Palos Hills, IL (60465)	708-974-2300	Recovery-Based individual and group therapy services, as well as psychiatry, for all ages Person-Centered substance use treatment service by way of harm-reduction principles, group therapy, and one-on-one counseling

Name	Address / Location(s)	Contact Info.	Services
Goodings Grove Psychology Assoc.	15915 Crystal Creek Dr Homer Glen IL (60491)	708-529-6976	Child & Teen Support • ADHD; Autism Support • Communication & Confidence • Decision-Making & Judgement • Executive Functioning Skills • IEP and 504 Plan Support • Social / Emotional Challenges • Testing & Assessment Eating & Body-Related Concerns • Body Dysmorphia • Eating Disorders • Post-Hospital Treatment Emotional Wellness & Everyday Struggles • Anxiety, Phobias, Panic • Bipolar Disorder; OCD • Coping w/ medical issues, chronic illness • Depression • Financial Stress • Life Changes • Low Self-Esteem • Psychological Assessment & Testing • Self-Harm & Suicidal Ideation • Stress or Anger • Unhealthy patterns of behavior Family, Parenting, and Relationship Care • Attachment Therapy; Co-Dependency • Boundaries & Conflict Management • Communication Challenges • Couples' Therapy • Family Relationship Difficulties • Infidelity & Relationship Issues • Parenting Challenges & Support • Teen Issues Identity, Growth, and Life Transitions • Aging Issues • Career Changes & Work Stress • College Adjustment • Menopause Support • Men's & Women's Health • Pregnancy-Related Emotions Support for Trauma & Healing • Addiction Recovery • First Responders; Military Families • Grief & Loss • Substance Abuse • Trauma; PTSD
MiraCare Neuro Behavioral Health	11800 S. 75th Ave Palos Heights IL (60463)	708-726-6472	Individual / Couples / Family Therapy, Psychological & Neuropsychological Testing, Psychoneurotherapy, Psychiatry

Shelters

You may also find help at homelessshelterdirectory.org

Guardian Angels Community Services

Shelter for victims of domestic violence

168 N. Ottawa St, Joliet IL (60432)

www.gacsprograms.org

1-815-729-0930

MorningStar Mission Ministries

Emergency & Transitional Housing; Family Shelter

350 E. Washington St, Joliet IL (60433)

www.morningstarmission.org

815-722-5780

Daybreak Shelter

Emergency Housing & Housing Support

611 E. Cass St, Joliet IL (60432)

catholiccharitiesjoliet.org/services/homeless-shelter

815-774-4663

Family Shelter Service of MFS DuPage

Housing & Employment Support

605 E. Roosevelt Rd, Wheaton IL (60187)

www.metrofamily.org/fssofmfsd

630-784-4802

Unhoused Resources

DuPage County Community Services

Call 2-1-1 anytime, day or night, 365 days a year. You can also text your ZIP code to TXT211 (898211) Monday - Friday from 8:00 a.m. to 4:30 p.m. to reach a trained contact specialist who can provide guidance and support

Pace Dial-A-Ride

Call 1-630-257-2522 up to one week in advance for inexpensive rides around Lemont Township. This service is offered weekdays, 9:00 a.m. - 4:00 p.m.*

**Disabled: \$1 / Senior (65+): \$1 / Student: \$1 / Adult: \$2 / Children Under 7: No Charge*

Unhoused Resources (Continued)

DuPage PADS

Need help? If you are homeless and in need of assistance in DuPage County, please call our Access Center at 630.682.3846, Option 1, to talk to someone about shelter, or to be referred to one of our community partners. To report any unsheltered unhoused individuals or families you observe in your community, please leave a message with the following information:

- *Your Name*
- *Your Contact Information (For possible follow-up)*
- *Individual's/Family's Name(s)*
- *Location (Last seen)*

If there is an immediate emergency, please always dial 911

DuPage PADS Street Outreach

630.682.3846, Option 1, OR Toll Free: 866.682.3846, Option 1

DuPage Pads' Street Outreach team travels out in the community to engage with people who are unsheltered from police departments, businesses, community-based organizations, and concerned citizens, and connect them with shelter and other emergency needs, like water and food, and blankets and coats in cold weather

The Street Outreach Team offers emergency supplies, shares information and referrals to community resources, provides case management services and follow-up support, provides advocacy and referral services, and assists with SSI, SSDI, VA benefits, eligible benefits, food stamps, and transportation

Cooling & Warming Centers

Lemont Park District, CORE Building

630-257-6787, ext. 3026

16028 127th Street, Lemont IL (60439)

Summer Hours (Effective May 31)

Monday - Thursday: 5:00 a.m. - 9:00 p.m.

Friday: 5:00 a.m. - 8:00 p.m.

Saturday & Sunday: 7:00 a.m. - 5:00 p.m.

Winter Hours

Monday - Friday: 5:00 a.m. - 9:00 p.m.

Saturday & Sunday: 7:00 a.m. - 5:00 p.m.

Cooling & Warming Centers (Continued)

Lemont Public Library

630-257-6541

50 E. Wend Street, Lemont IL (60439)

Monday - Thursday: 9:00 a.m. to 9:00 p.m.

Friday - Saturday: 9:00 a.m. to 5:00 p.m.

Sunday: 1:00 p.m. to 5:00 p.m.

Lemont Township Office

630-257-2522

16300 Alba Street, Lemont IL (60439)

Monday - Friday: 9:00 a.m. – 4:00 p.m.

Village Hall

630-257-1550

418 Main Street, Lemont IL (60439)

Monday - Friday: 9:00 a.m. – 4:00 p.m.

Citizens with pets or animals should check with the facility about availability and policies before arrival. Facilities may not be able to safely accommodate your pets or animals. Other temporary arrangements may need to be made for their care. At a minimum all pets and animals always need to be leashed or caged for the safety of everyone in the facility

Food

For a complete list of IL food pantries, please see www.foodpantries.org

SNAP (Supplemental Nutrition Assistance Program)

800-843-6154 (Voice), 800-324-5553 (Nextalk), or 711 (TTY Relay)

abe.questions@illinois.gov (EMail)

TANF (Temporary Assistance for Needy Families)

800-843-6154 (Voice), 800-324-5553 (Nextalk), or 711 (TTY Relay)

abe.questions@illinois.gov (EMail)

Little Free Food Pantry

Accessible 24/7; Non-Perishable food items

50 E. Wend Street, Lemont IL (60439)

Open Food Pantry - Bethany Lutheran Church

Food, personal care items, and cleaning products available Tuesdays - Thursdays, 9:30AM - 12:30PM

500 Lemont Street, Lemont IL (60439)

Helping Hands Food Pantry - SSCM Lemont

Food items, paper products, cleaning products, and monetary contributions to help those in need pay their rent, utility bills, medical bills and real estate taxes. Deliveries occur usually on the third Sunday of each month. Please reach out to 630.257.2776 to see if you're eligible

Food (Continued)

For a complete list of IL food pantries, please see www.foodpantries.org

LUMC Open Food Pantry

25 West Custer Street, Lemont IL (60439)

Open Tuesdays - Thursdays, 9:45AM - 11:00AM

West Suburban Community Pantry

6809 Hobson Valley Drive, Woodridge IL (60517)

Open Tuesdays & Thursdays, 12PM - 2PM; Saturdays 12PM - 1PM. A wide variety of items including eggs, milk, cheese, fresh produce, frozen meat, nonperishable foods, bread, bakery items, condiments, personal care products, paper goods, and cleaning supplies offered pending availability

Daybreak (Shepherd's Table)

611 E. Cass Street, Joliet IL (60432)

Feeding members of the community who are hungry and unable to provide for themselves by offering a free mid-day (11:00AM - 1:00PM) meal. Shepherd's Table is also a warming and cooling center during extreme weather

Financial & Housing Services

IDHS Housing Programs & Services

1-800-843-6154

Emergency & Transitional Housing Program - Gives immediate and comprehensive shelter services to homeless persons and persons at risk of becoming homeless

Homeless Prevention - Stabilizes individuals and families in their existing homes, shorten the amount of time that individuals and families stay in shelters and assist individuals and families with securing affordable housing

Homeless Youth - Provides a place to live and job services for youth who are 14 to 20 years of age that meet specific criteria

In-Home Supports - Provides services and supports that will help people with developmental disabilities live more independently in their home

Residential Living Arrangements - Provides people with developmental disabilities the care and services needed in homes with staff available 24 hours per day

Supportive Housing - Provides supportive services coupled with housing to enable formerly homeless individuals and families, or those in danger of becoming homeless, who live in private housing to maintain their residence in the community

Financial & Housing Services (Continued)

IDHS Financial Assistance

1-800-843-6154

Aid to the Aged, Blind, and Disabled (AABD) - *The Aid to the Aged, Blind, or Disabled (AABD) cash assistance program is available for person who are aged, blind, or disabled and who need money*

Temporary Assistance for Needy Families (TANF) - *The Temporary Assistance for Needy Families (TANF) program provides temporary financial assistance for pregnant women and families with one or more dependent children*

The Low Income Home Energy Assistance Program (LIHEAP) - *The Low Income Home Energy Assistance Program (LIHEAP) helps eligible low-income households pay for home energy services*

Earnfare - *EarnFare is designed to provide adults who receive SNAP benefits and who volunteer an opportunity to gain valuable work experience, earn cash assistance, and become self-sufficient*

Daybreak Shelter

611 E. Cass St, Joliet IL (60432)

Emergency Housing & Housing Support catholiccharitiesjoliet.org/services/homeless-shelter

815-774-4663

Medical

All Kids

866-ALL-KIDS (866-255-5437) / TTY: 877-204-1012

Members of All Kids, FamilyCare, and Moms & Babies can access important types of healthcare and healthcare providers (Listed alphabetically): Audiology, Clinics, Dentistry, Dialysis, Doctors, Early Interventions, Home Health, Hospice Care, Hospitals & ERs, Intermediate Care for developmental disabilities, Labs & X-Rays, Maternity Care, Medical Supplies & Equipment; Medicines, Mental Health Treatment, Nursing Care, Nursing Home Services, Optometry, OT, Podiatry, PT, Regular Pediatric Checkups & Vaccines, Pediatric Nursing, Respiratory Equipment & Supplies, Speech Therapy, Substance Abuse Treatment, Surgeries, and / or Transportation (For Emergency Medical Care and Non-Emergency Medical Appointments)

Medical (Continued)

Medicaid / Application For Benefits Eligibility 800-843-6154 / abe.illinois.gov/access
Medicaid and All Kids cover health care for low income people of all ages in Illinois. The Illinois Department of Health Care and Family Services (HFS) is committed to improving the health of Illinois' families by providing access to quality health care. This mission is accomplished through HFS Medical Programs that pay for a wide range of health services, provided by thousands of medical providers throughout Illinois, to about two million Illinoisans each year. Medicare Savings Programs (MSPs) cover the cost of Medicare premiums for low income seniors and people with disabilities on Medicare. People who qualify for one of the Medicare Savings Programs do not have to use their Social Security income to pay Medicare premiums. For some people, Medicare deductibles and co-insurance charges are also covered.

UChicago Medicine AdventHealth Bolingbrook 630-312-5000
500 Remington Blvd, Bolingbrook IL

Silver Cross Hospital 815-300-1100
1900 Silver Cross Blvd, New Lenox IL

OSF Little Company of Mary Medical Center 708-422-6200
2800 W 95th St, Evergreen Park IL

Advocate Christ Medical Center 708-684-8000
4440 W 95th St, Oak Lawn IL

Northwestern Medicine Palos Hospital 708-923-4000
12251 S 80th Ave, Palos Heights IL

Linden Oaks at Edward (General Hospital Services For Behavioral Health) 847-432-5464
852 S. West St, Naperville IL

Will County Health Department 630-679-7000 / 391 Quadrangle Dr, Bolingbrook IL
Adult Outpatient Mental Health Services (Weekdays, 8:30AM - 4:30PM), Child & Adolescent Outpatient Mental Health Services (Tuesdays - Saturdays, 8:00AM - 4:00PM), Immunizations Clinic (Mondays & Thursday, 9:00AM - 4:00PM), Mobile Crisis Program Services (Weekdays, 8:30AM - 4:30PM; Saturdays 8:00AM - 4:00PM), Primary Care for all ages (T/R, 8:00AM - 5:00PM), and Women/Infants/Children Supplement Nutrition Program (M/T/R/F, 8:30AM - 4:30PM; W, 10:30AM - 6:30PM)

Clothing & Furniture

Sharing Connections Furniture Bank 630.971.0565 / 5111 Chase Ave, Downers Grove IL
Provides cribs, beds, as well as other furniture and clothing, to qualifying individuals with a need-based referral. Please call the phone number listed above, or visit sharingconnections.org/i-need-help, for more information

Goodwill Lemont 630.257.5608 / 1146 State St, Lemont IL
Goodwill Lemont Store & Donation Center offers unique thrift shop finds for resale store shoppers in and around the Lemont area. The second-hand stores feature gently-used clothing, housewares, sporting goods, books, music, movies, toys, games, and more.

MorningStar Treasure Center 815-725-6702 / 2221 W. Jefferson St, Joliet IL
MorningStar Mission's Treasure Chest thrift stores allow families to shop for gently-used clothing and household items all graciously donated by the community. The stores sell these donated items at an affordable price to the public. Families in need can find shoes, clothing, appliances, household goods, furniture, and more at both locations. The location in Joliet also offers a voucher system for those in need to shop at the store for free, and is open weekdays 9AM - 7PM, as well as Saturdays 9AM - 5PM. Learn more at morningstarmission.org/thrift-stores

Childcare Resources

Childcare Assistance Program (CCAP) 312.823.1100 / 1340 S. Damen Ave, Chicago IL
The Child Care Assistance Program (CCAP) helps eligible families to pay for child care for children up to age thirteen while they are working or attending school. Eligibility depends on the age of children, family income, and familial schedules. Learn more and apply for the program at dec.illinois.gov/forparents/child-care-assistance-program.html

Family Resources

Birthright International of Joliet 815-725-3411 / 310 N Hammes Ave, Joliet IL
Provides information about pregnancy, prenatal care, childbirth, adoption, parenting skills, childcare, and related community programs. Also provides referrals for medical support, financial resources, housing and legal matters, social assistance, and professional counseling. Pregnancy tests, maternity and baby items, and an online support chat are also available

Court-Ordered Community Service Sites

Organization	Address	Contact
Big Run Wolf Ranch	14857 Farrell Rd, Lockport IL	815-588-0044
Family Outreach Program	1701 N. Larkin Ave, Crest Hill IL	815-730-9567
FISH Food Pantry	1463 S. Farrell Rd, Lockport IL	815-588-3543
Northern IL Food Bank	171 South Larkin Ave, Joliet IL	630.443.6910 x0192 courtcompelled@northernilfoodbank.org
Orland Township Food Pantry	14807 S. Ravinia Ave, Orland Park IL	708-403-422
Soul Food Pantry	2800 Black Road Joliet, IL	Apply at: judsonchurchjoliet.com /ministries/soul-food-pantry
Together We Cope	17010 S. Oak Park Ave, Tinley Park IL	Dianne (708-633-5040)
Trinity Services	301 Veterans Parkway, New Lenox IL	815-717-3750
Lockport VFW	1026 E. 9th St, Lockport IL	815-838-1066 commander@vfw5788.org
Will County Historical Museum & Research Center	803 S. State St, Lockport IL	willhistory.org/volunteer
Lockport Twp Republicans	lockporttownshiprepublicans.com	lockporttownshiprepublicans.com/contact
Advocate Good Samaritan Hospital	3815 Highland Ave, Downers Grove IL	847-723-6105
Marian Village	15624 Marian Dr, Homer Glen IL	708.578.7492
Victorian Village	12600 Renaissance Circle, Homer Glen IL	providencelifeservices.com /giving/volunteer

Court-Ordered Community Service Sites (Continued)

Organization	Address	Contact
American Red Cross	1293 Windham Pkwy, Romeoville IL	312-729-6111 volunteerillinois@redcross.org
Citizen Against Ruining the Environment (CARE)	Lockport, IL	willcountycare.org/contact-us
Lockport Twp Park District	Various	lockportpark.org/community-service
Shady Oaks Cerebral Palsy Camp	16300 S. Parker Rd, Homer Glen IL	shadyoakscamp.org /become-a-volunteer/
Shady Oaks Home	16240 S. Parker Rd, Homer Glen IL	Christine (Christine.Yucha@lssi.org)
Hope & Friendship	721 Hickory St, Lemont IL	Terri info@HopeandFriendshipFoundation.com