



Community Resource Guide

The organizations represented in this directory are resources that may be helpful to meet the needs of members of our community. Lemont Public Library District does not endorse any of the organizations represented. Please either phone ahead or visit the agency's website to make certain contact and service information has not changed.

Please see a reference librarian for free copies of any information available in this handbook.

Crisis Intervention / Hotlines	2
Mental Health/Counseling.....	3
Shelters	5
Homeless Resources	6
Local Cooling Centers	7
Food.....	8
Financial & Housing Services	10
Medical.....	11
Clothing & Furniture.....	12
Child Care Resources	13
Family Resources.....	13
Court-Ordered Community Services Sites	15

Crisis Intervention / Hotlines

Crisis Line of Will County (Any Crisis)	815-722-3344
Crisis Text Line	Text HELLO to 741741
National Suicide & Crisis Lifeline	Dial 988
Child Abuse Hotline (IL DCFS)	800-252-2873
National Domestic Violence Hotline	800-799-7233 or Text START to 88788
Illinois Domestic Violence Helpline	877-863-6338
Illinois Warmline (mental health/addiction recovery support)	866-359-7953
Illinois Call4Calm	Text TALK to 552020
SAMHSA'S National Helpline (mental & substance use disorders)	800-662-4357
Crisis and Referral Entry Service (CARES-mental health/youth)	800-345-9049
Linden Oaks Hospital (Behavioral Health) Help Line	630-305-5027
National Sexual Assault Hotline: a service of RAINN	800-656-4673
National Human Trafficking Hotline 233733	888-373-7888 or Text HELP to
National Runaway Safeline	800-786-2929

Mental Health/Counseling

Name	Address/Location(s)	Contact Information	Services
Finding Balance, Ltd.	15419 127 th St., Lemont, IL 60439	630-777-7113	Individual Counseling, Couples Counseling, Child & Teen Therapy, Divorce Coaching, Trauma & Rapid Resolution Therapy
Waterfall Counseling, LLC	119 Stephen St., Lemont, IL 60439	630-257-5757	Adult Therapy, Couples Counseling, Family Counseling
Counseling Works	15900 W. 127th Street Suite 201 Lemont, IL 60439 1979 N. Mill Street, Suite 202 Naperville, IL 60563 9875 W. Lincoln Hwy, Suite 104 Frankfort, IL 60423	630-281-2496	Counseling for Children, Adolescents, Adults, and Couples, Focus on Stress Management, Trauma, Relationships, Grief, Nutrition, etc.
Bright Futures Psychological Services	14315 S. 108th Ave Suite 220 Orland Park, IL 60467	708-403-6796	Children Therapy, Adolescent Therapy, Adult Therapy, Support with: Stress, Anxiety, Depression, ADHD, Eating Disorders, Etc.
V&R Behavioral Health Services	700 Ravinia, Orland Park, IL 60467	708-226-0010	Child and Adult Counseling, Meditation, Collaborative Mediation, Psychological Assessments, and Neuropsychological
Beyond Healing	14933 S. Founders Crossing Homer Glen, IL 60491	708-837-3722	Counseling Services for Children, Adolescents, and Adults, Wellness and Personal Development, Personal Coaching
Bridges to a New Day	215 W Romeo Road, Romeoville, IL 60446	815--838--2690	Counseling Services for Children, Adolescents, and Adults (Insurance based and Reduced Fees) Domestic Violence Counseling
Metropolitan Family Services (Southwest)	10537 S. Roberts Road, Palos Heights, IL 60463	708-974-2300	Child, Adolescent, and Adult Counseling, Parent Support, Economic Stability, Etc.

MiraCare Neuro Behavioral Health	15419 E. 127th St. Lemont, IL 60439 11800 S. 75th Ave. 3rd Floor Palos Heights, IL 60463 9990 190th Street, Suite C Mokena, IL 60448	708-671-8440	Psychiatry, Individual Therapy, Group Therapy, Relationship Therapy, Psychological Testing, Psycho Neurotherapy, Etc.
Advocate Health Care	4700 West 95th Street Oak Lawn Towers, Lower Level 5 Oak Lawn, IL 60453 440 Quadrangle Drive, Suite K Bolingbrook, IL 60440	800-323-8622	Child Trauma, Family Counseling, Grieving Issues, Stress/Anxiety Support, Etc.
Goodings Grove Psychology Associates, LLC	15915 S Crystal Creek Drive Suite C. Homer Glen, Illinois 60491	708-529-6976 708-529-1169	Individual Therapy, Group Therapy, Couples Therapy, Family Therapy, Premarital Counseling, Social Skills Groups for Children, Evaluations for Children, etc

Shelters

You may also find help at: <https://www.homelessshelterdirectory.org/>

Groundwork, Guardian Angel Community Services

168 N Ottawa St, Joliet, IL 60435

Phone: 815-729-1228

Services Provided: 24 hour confidential domestic violence hotline, emergency shelter, individual and group counseling, legal advocacy, medical advocacy, education and violence prevention training, etc.

Website: www.guardianangelhome.org

Morning Star Mission Ministries, Inc

350 East Washington Street, Joliet, IL 60433

Phone: 815-722-5780

Services Provided: Food, shelter, counseling, clothing, seasonal programs and recovery programs

Website: www.morningstarmission.org

Daybreak Shelter

611 E. Cass Street Joliet, IL 60432

Phone: 815-774-4663

Services Provided: Emergency housing, and supportive services to individuals and families who are homeless.

Website: <https://catholiccharitiesjoliet.org/daybreak-center/>

Family Shelter Service of Metropolitan Family Services DuPage

605 E Roosevelt Rd, Wheaton, IL 60187

Phone: 630-221-8290

Services Provided: Economic stability, emotional wellness, mental health services, legal support, etc.

Website: <https://www.metrofamily.org/FSSofMFSD/>

Homeless Resources

If calling from 8am to 4:30pm call this number:

Dupage County Community Services Number - 630-407-6500
M-F 8am-4:30pm

For all other days/times, call this number:

Adult Protective Services After Hours Hotline - 866-800-1409
24/7

Pace Dial-A-Ride - 1-630-257-2522

Pace offers very cheap discount rides M-F, 9am-4pm (\$2 for adults, \$1 if disabled, senior or student, no charge for Children under 7 years old)

Dupage PADS

Need help? If you are homeless and in need of assistance in DuPage County, please call our Access Center at 630.682.3846, option 1 to talk to someone about shelter, or to be referred to one of our community partners for prevention help.

To report any unsheltered homeless individuals or families you observe in your community, please leave a message with the following information:

Your Name
Your Contact Information (for possible follow-up)
Individual's/Family's Name(s)
Location (last seen)
If there is an immediate emergency, please always dial 911.

DuPagePads Street Outreach

630.682.3846, option 1 OR Toll Free: 866.682.3846, option 1.

DuPagePads' Street Outreach team travels out in the community to engage with people who are unsheltered from police departments, businesses, community-based organizations, and concerned citizens, and connect them with shelter and other emergency needs, like water and food, and blankets and coats in cold weather.

The Street Outreach Team offers emergency supplies, shares information and referrals to community resources, provides case management services and follow-up support, provides advocacy and referral services, and assists with SSI, SSDI, VA benefits, eligible benefits, food stamps, and transportation.

Local Cooling Centers

- Core Athletic Center - 16028 127th St., Lemont, IL
- Lemont Township Offices - 1115 Warner Ave., Lemont, IL

When temperatures in Cook County are expected to rise to unsafe levels, the County's Department of Emergency Management and Regional Security provides an updated list of cooling centers for residents who do not have access to air conditioning.

During hot weather, residents are reminded to:

- Drink plenty of fluids
- Try to stay in the shade or indoors as much as possible
- If working outside, take frequent breaks, preferably in an air-conditioned space
- Check on elderly neighbors and those with functional needs
- Take pets indoors and make sure they have plenty of water
- Never leave children or pets unattended in a vehicle

Residents who need to seek shelter at a cooling center should contact the center first to verify availability and hours of operation.

Local Warming Centers

- Lemont Township Offices - 1115 Warner Ave., Lemont, IL
- Lemont Community Center - 16300 Alba St., Lemont, IL
- Lemont Public Library - 50 E. Wend St., Lemont, IL

When temperatures in Cook County are expected to dip to unsafe levels, the County's Department of Emergency Management and Regional Security provides an updated list of warming centers for residents to protect themselves and their families.

Residents should also keep the following tips in mind through the cold winter months:

- Never use your oven for heat.
- Never bring charcoal or gas grills indoors (they are a carbon monoxide hazard).
- Make sure all portable heaters are unplugged when not in use.
- Use electric space heaters with extreme caution – avoid placing them near curtains or other flammable materials and turn them off before going to bed.
- Keep heat at adequate levels or leave faucets open with a slight drip to prevent pipes from freezing.
- Keep moving. Your body generates its own heat when you engage in physical activities.

Food

For a complete listing of food pantries in Illinois, you can go to: <http://www.foodpantries.org/st/illinois>

SNAP (Supplemental Nutrition Assistance Program)

TANF (Temporary Assistance for Needy Families)

Little Free Foot Pantry – Lemont Public Library

50 E Wend Street Lemont, IL 60439

Phone: 630-257-6541

Services Provided: 24/7 Non-perishable food items, leave what you can and take what you need

Website: <https://www.lemontlibrary.org/>

Lemont Open Food Pantry - Bethany Lutheran Church

500 Lemont Street Lemont, IL 60439

Phone: 630-257-7953

Services Provided: Food distribution Tuesday - Thursday from 8:30am - 12:00pm.

Website: <https://www.foodpantries.org/li/lemont-open-food-pantry-lemont-united-methodist-church>

Lemont Open Food Pantry - Lemont United Methodist Church

25 West Custer Lemont, IL 60439

Phone: 630-257-5210

Services Provided: Food distribution Tuesday - Thursday from 8:30am - 12:00pm.

Website: <http://www.lemontumc.org/>

West Suburban Community Pantry

6809 Hobson Valley Drive Woodridge, IL - 60517

Phone: 630-512-9921

Services Provided: Various Days and shopping hours. Photo ID and proof of residency needed each time.

Website: <https://wscpantry.org/>

Angel Food Ministries

2437 Plainfield Rd, Joliet, IL 60435

Phone: 815-740-1108

Services Provided: Provides low cost groceries to all individuals/families. No income requirements.

Website: <http://www.americantowns.com/il/joliet/organization/angel-food-ministries-host-site>

Daybreak (Shepherd's Table)

611 E. Cass Street, Joliet, IL 60432

Phone: 815-774-4663

Services: Pantry and Soup Kitchen

Hours: Pantry M-F 8:30-4:30 (Serving Times: Everyday 11:00am-11:00pm)

Requirements: None

Power Connection

999 Remington Blvd. Suite F Bolingbrook, IL 60440

Phone: 630-679-6899

Services Provided: Food Pantry (Weekly Extension Food Connection and Large Food Connection)

Hours: *Weekly Food Pantry:* Open Monday (except 2nd & 4th Monday), Tuesday and Thursday from 10:00am - 12pm, and Thursday from 4pm-7pm. *Large Food Pantry:* (Up to \$250 worth of groceries) Open the 2nd and 4th Mondays of the month from 1:00pm – 6:45pm.

Website: <http://www.thepowerconnection.org/food-clothing-pantries>

Financial & Housing Services

Illinois Department of Human Services

Phone: *IDHS Help Line* 800-843-6154

Services Provided: Illinois housing help, emergency and transitional housing, in-home supports, etc.

Website: <https://www.dhs.state.il.us/page.aspx?item=29723>

Catholic Charities Daybreak Center/Emergency Services

611 East Cass, Joliet, IL 60432

Phone: 815-774-4663 Ext 3100

Services Provided: Shelter, food, emergency services to help prevent homelessness (mortgage, rental, utilities, food, and clothing assistance), etc.

Website: www.cc-doj.org

The Lemont Township Human Services Department provides financial assistance and referral information to Lemont Township individuals and families during severe economic crises.

General Assistance is a financial aid program that helps residents meet basic needs until employment or another source of income, such as Social Security, disability or public aid, is obtained. Eligibility is determined by established guidelines based on income, assets and household size. Applicants should have no other potential means of income and should have applied for all possible benefits to be eligible.

Emergency Assistance is financial aid granted to qualified individuals and families on a short-term basis to alleviate life-threatening circumstances or to assist residents in returning to self-sufficiency. If an individual or family is eligible, they may receive assistance once in an 18-month period to meet basic expenses.

To be eligible for either General Assistance or Emergency Assistance, the applicant must meet certain financial and non-financial eligibility requirements and must supply his or her Social Security card, a lease or mortgage statement, pay stubs (for the past 30 days), bank statements, and proof of registry with Public Aid and the Illinois Job Service.

The list of required documentation to apply for General Assistance or Emergency Assistance is located on the Human Resources page of the Lemont Township website. To apply you must stop in the office and pick up the General Assistance Application.

Medical

All Kids

Phone: All Kids Hotline 1-866-ALL-KIDS (1-866-255-5437) TTY: 1-877-204-1012

Services Provided- Offers many Illinois children comprehensive healthcare that includes doctors visits, hospital stays, prescription drugs, vision care, dental care and medical devices like eyeglasses and asthma inhalers. Some families pay monthly premiums for the coverage, but rates for middle-income families are significantly lower than they are on the private market.

Medicaid/Application for Benefits Eligibility (ABE)

Phone: 1-800-843-6154

Services Provided- Healthcare coverage, SNAP, cash assistance, and/or Medicare savings program.

Website: <https://abe.illinois.gov/abe>

Adventist Bolingbrook Hospital

500 Remington Boulevard, Bolingbrook, IL 60440

Phone: 630-312-5000

Services Provided: Emergency Department, Full service hospital, Chronic Disease Management Center

Website: www.keepingyouwell.com

Silver Cross Hospital

1900 Silver Cross Boulevard, New Lenox, IL 60451

Phone: 815-300-1100

Services Provided: Substance Abuse Programs & General Hospital Services

Website: www.silvercross.org

Will County Health Department - Bolingbrook Branch

323 Quadrangle Drive, Bolingbrook, IL 60440

Phone: 630-679-7000

Services Provided: Health care, mental health services. Bilingual Services

Fee for Services: Sliding scale

Website: www.willcountyhealth.org

Linden Oaks at Edward

801 South Washington, Naperville, IL 60540

Phone: 630-305-5500

Services Provided: Linden Oaks at Edward offers Inpatient, Outpatient and Intensive Outpatient (IOP) services in the Chicago area. Programs include: Eating disorders, compulsive overeating, Chemical Dependency & Anxiety, Aspergers, (Adolescent & Adult), Self-Injury and Geriatrics. A team of twelve psychiatrists-Linden Oaks Medical

Group (LOMG) provides services in Naperville, Plainfield, St. Charles, and Woodridge. Free Level of Care Assessments available 24 hours a day, 7 days a week. Translation Services provided as needed

Website: www.edward.org

Clothing & Furniture

Sharing Connections Furniture Bank

5111 Chase Ave, Downers Grove, IL 60515

Phone: 630-971-0565

Services Provided: Provides furniture and household items to low-income families helping them transform a bare apartment or house into a home. Most of our families are coping with crises like domestic violence, job loss, or financial hardship.

Website: <http://sharingconnections.org>

New Song Church

151 E Briarcliff Rd, Bolingbrook, IL 60440

Phone: 630-739-2824

Services Provided: Food and Clothing Pantry for those in need. The pantry is open on Thursdays 7-9pm.

Website: <http://newsong-church.com/>

Goodwill Industries

1146 State St, Lemont, IL 60439

Phone: (630) 257-5608

Services Provided: Provide training, employment and supportive services for people with disabilities or disadvantages who seek greater independence. Provide values and service to our customers

Website: www.goodwill.org

Morning Star Treasure Center

2221 W. Jefferson, Joliet, IL 60435 and 2571 East Lincoln Hwy., New Lenox, IL 60451

Phone: 815-725-6702

Services Provided: From shoes to shirts, to dresses, appliances collectables and more, you'll find tremendous values throughout the store. Families who can't afford clothing or furniture can come to the Mission where they are given an emergency voucher redeemable at our Treasure Chest Store.

Website: <http://morningstarmission.org/>

Child Care Resources

Child Care Assistance Program (CCAP)

Cook County Illinois Action for Children (IAFC) 1340 South Damen Avenue, 3rd Floor, Chicago, IL 60608

Phone: 312-823-1100

Services Provided: Financial assistance for child care

Website: <https://www.dhs.state.il.us/page.aspx?item=30355>

Family Resources

Planned Parenthood

Planned Parenthood Orland Park Health Center

Call (708) 349-2227

11470 S. La Grange Rd., Suite 101, Orland Park, IL 60462

This location offers in-person and Telehealth visits

Services Offered:

- Abortion
- Birth Control
- HIV Services
- Men's Health Care
- Morning-After Pill (Emergency Contraception)
- Pregnancy Testing & Services
- STD Testing, Treatment & Vaccines
- Transgender Hormone Therapy
- Women's Health Care

Birthright International

Birthright of Joliet

Call (815) 725-3411

310 N. Hammes Ave., Suite LL1, Joliet, IL 60435

Website: <https://birthright.org/>

Services Offered:

- Information about: Pregnancy, Childbirth, Adoption, Prenatal Care, Community Programs, Parenting Skills, Child Care
- Referrals for: Medical Support, Financial Resources, Housing/Legal, Social Assistance, Professional Counseling
- Free Resources: Pregnancy Tests, Maternity and Baby Items, 24/7 Free Helpline: 1-800-550-4900, Live Chat through our website.

Court-Ordered Community Services Sites

The lists on the following pages detail approved non-profit locations to perform court-ordered community service, per the Lemont Police Department. For more information, please contact the individual organization or the business office of the Lemont Police Department at 630-257-2229.